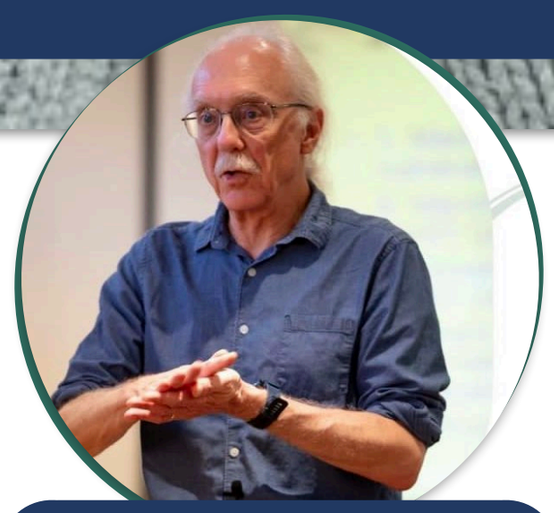
Institute of Emotion Focused Therapy Iran (EFT IRAN) presents:

International MasterClass

Advanced Empathy & Empathic Attunement



Prof. Robert Elliott

Co-Developer of Emotion Focused Therapy

Institute of Emotion Focused Therapy IRAN

INTERNATIONAL SOCIETY for EMOTION FOCUSED THERAPY

April 21 to 24 2025 – 18:30 to 22:30 (IRST) – Online on Zoom – Interpreter Available

More Information & Registration: WhatsApp: +989124588287 - Email: iman_hemmatyar@yahoo.com

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Institute of Emotion Focused Therapy IRAN

INTERNATIONAL SOCIETY *for* EMOTION FOCUSED THERAPY

Masterclass on Advanced Empathy & Empathic Attunement
by Prof. Robert Elliott

Description

Therapists' empathy is an essential, yet complex aspect of clinical practice. It is consistently evidenced to be amongst the strongest predictors of therapeutic outcome. This training goes beyond basic content empathy. It includes both theory and hands-on skill training combining attitudinal and specialized micro-skill training formats. It offers an integrative theoretical framework for therapist empathy that brings together Emotion-Focused Therapy (EFT) theory, social neuroscience, the empathy cycle, and the empathy channels model.

The workshop will involve skill practice supervised by Prof Robert Elliott and facilitators. Participants will practice empathic attunement and progress to separate modules on advanced empathic responses including Evocative Empathy, Exploratory Empathy, Empathic Affirmation, Process Empathy, and Empathic Conjecture.

The format is a mixture of brief lectures, videos or demonstrations, experiential practice exercises in small groups, and discussion.

Leaning objectives

- use empathy to establish core therapeutic presence with clients;
- achieve moment-by-moment attunement with clients;
- access and enhance empathic resonance;
- develop advanced empathy skills to know when to help
- clients regulate, contain, process and transform emotional pain;
- learn when and how to use advanced and specialised empathy responses
- develop skills for rapidly engaging clients;
- enhance skills to resolve relational difficulties;

Details

Date & Time: April 21-24, 2025 (4 half days) From 18:30 to 22:30 (IRST)

Location: Online on Zoom

Language: English

Cost of Participation: €390

For More Information & Registration Please contact :

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